

Announcements for Week of September 25th

1. Job Opportunities at Just Food

2. New CSAs for 2007


3. Did You Know?- Food Miles

1. Job Opportunities at Just Food Just Food is currently looking to fill two new positions- a full time **Grants and Communications Manager** and a part-time **Food Justice Coordinator**. To learn more about these positions and how to apply go to www.justfood.org.

2. New CSAs for 2007 Although it seems early-now is the perfect time to be thinking about starting new CSA sites in 2007. To help people, who might be interested in starting a new site, learn some of the basics of what it takes to start a CSA and to answer questions, we are having two informational meetings in the coming weeks. The first will be on Thursday September 28, 2006 from 6:00-7:30pm at the Clinton Hill CSA at P.S. 56 170 Gates Ave. (entrance on Dowling Street). The second will be on Thursday October 5, 2006 also from 6:00- 7:30 at the Central Harlem CSA, Thurgood Marshall Academy at Adam Clayton Powell Blvd. and 135th Street. Both locations have their distribution on Thursdays so people will have the opportunity to actually see how a distribution site is set up. If you have friends or acquaintances who have been jealous of your bounty this season and would like to have a CSA in their neighborhood please pass this information along or have them contact me at 212-645-9880 x233 or at paula@justfood.org.

3. Did You Know? Food Miles

...That a typical strawberry, which holds 5 calories of nourishment, requires approximately 435 calories of fuel to be delivered from the field to your grocery store? That's 3,300 miles from California to New York, not counting detours for processing and packaging. Looking at "food miles" is one way of assessing the sustainability of a food item. Clearly, an item that wastes more calories than it produces is not sustainable. Even the environmental benefits of "organic" foods are offset when they are over-packaged, over-processed, and shipped across the nation, leading many to emphasize the importance of eating not just organically, but locally as well. It's easier than it sounds; to start, we can stop importing and exporting identical items. Apples are New York's second biggest agricultural export (after milk), yet most apples you find in our grocery stores come from Chile, some 5,100 miles away. Eating locally and reducing food miles through your CSA is a way of lessening our impact on the environment while supporting our small farmers and the local economy.



Building economic, environmental, & social justice
through local sustainable food systems.

For more information:
call 212-645-9880 or visit www.justfood.org