

Announcement for Week of June 5th

1. **June CSA Workshop**
2. **Veggie Tip Sheets**
3. **Hazon Bike Ride**
4. **Did You Know?- 2007 Farm Bill**

1. June CSA Workshop Now that you are getting all of these great CSA fruits and veggies what do you do with them. Give your members a chance to see, smell and taste unfamiliar veggies or to learn new ways to cook old favorites. Come to the **June Workshop on Cooking Demonstrations- Monday June 12th from 6-8 at Just Food's offices (210 East 51st Street)-** and learn more about how Just Food's Community Food Education program can provide your CSA with cooking demonstrations. Do you have a member who's a great cook? Ask them to attend the workshop to learn how to do their own cooking demo for your site.

2. Veggie Tip Sheets Not sure what to do with that mizuna or those garlic scapes? Just a reminder to all groups who have not yet gotten their Veggie Tip Sheet binders that they are available to be picked up at the Just Food offices (210 East 51st Street). Please call Paula at 212-645-9880 x233 to ensure that someone will be there when you stop by or to figure out another way to get them to you. The Veggie Tip Sheets are wonderful resource full of nutrition, storage and cooking tips plus recipes for **over 90 vegetables**. It also includes tips on food preservation and how to do a cooking demonstration as well as many additional food resources. Each CSA receives **one free copy**.

3. Hazon Bike Ride Labor Day Weekend, Sept. 1st-4th Hazon will be sponsoring the 6th New York Jewish Environmental Bike Ride. The Ride raises money to support Hazon's year-round programming, as well as several partner organizations (including Just Food) that are doing some of the most important work to protect the planet and renew Jewish values of *tikkun olam*. Early registration has been extended until June 11th. Go to www.hazon.org to learn more and to register. Hazon also sponsors the Tuv Ha'Aretz CSA on the Upper West Side.

4. Did You Know? The Farm Bill is up for reauthorization in 2007. Officially known as the "Farm Security and Rural Development Act of 2002", the Farm Bill is federal legislation that regulates agriculture, including soil and water conservation, food stamps, foreign aid, commodity programs and more. It is important to us here in NYC, because it helps determine whether all children will have access to healthy school lunches, whether our drinking water supply will be protected and whether or not we can all improve our access to organic and sustainably grown food from our region's farms. The Farm Bill can even help determine whether or not our rural countryside vacation spots remain beautiful working farmlands or succumb to overdevelopment. Anyone can get involved in the Farm Bill. To find out more about the issues of concern to you and how they are addressed by the Farm Bill, contact the National Agriculture Law Center (www.nationalaglawcenter.org/farmbills/), the National Campaign for Sustainable Agriculture (www.sustainableagriculture.net), or the USDA Economic Research Service, Farm Policy Briefing (www.ers.usda.gov/Briefing/FarmPolicy/)

