

**Just Food - The City Farms
2006 TCF Workshop Series**



The City Farms is organizing our workshop series for 2006. We have a network of skilled garden trainers that can provide workshops at your garden for you and your community. If you are interested in improving your skills and hosting a workshop please see list of available workshops below. Fill out all relevant information and return this form to:

**Just Food, Attn: Kathleen McTigue
208 East 51st Street, 4th Floor
New York, NY 10022**

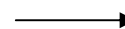
TCF Workshop Topics

Workshop topics can be adjusted to meet the needs of your community. Please contact me to get more details.

Check the topic(s) of interest and note a possible date for the workshop. Workshops are offered throughout the season, sign-up now to guarantee your topics and dates.

- Market Planning** – Growing for Market, Market Development/Business Planning
Date/time: _____
- Garden Planning** – Creating a Garden Plan, and Record-keeping
Date/time: _____
- Plant Propagation** – Starting seeds, Greenhouses, Cold-frames & Hoop-houses, and Raised-bed Construction, Record-keeping
Date/time: _____
- Soil Preparation** – Soil Basics, Soil Preparation and Care
Date/time: _____
- Planting Your Garden** – Intensive Growing, Companion Planting, Spacing & Thinning, and Record-keeping
Date/time: _____

Over please



- Community Food Security** – Food Access & Quality, Food Systems Issues, Nutrition, and Health

Date/time: _____

- Planting Techniques to Increase Production and Decrease Pest Problems** – Planting Techniques/Methods, Healthy Plant Growth, Managing Spring and Summer Pests, Vegetable Disease and Record-keeping

Date/time: _____

- Extending Your Growing Season** – Planting for Fall Harvest, Season Extension, Cold-frames/Hoop-house (construction) and Cover-cropping

Date/time: _____

- Food Preservation** – Canning/Pickling, Freezing, and Drying

Date/time: _____

- Composting** – How to make/prepare compost

Date/time: _____

- Medicinal Herbs** – Identifying plants used in medicine/ preparation

Date/time: _____

- Other** - If you can think of any topics that would be useful but are not listed, please let us know!

Topic: _____

Date/time: _____

Garden Name: _____

Contact Person: _____

Phone Number: _____

Address: _____

TCF also provides free consultation/one-on-one visits with experienced growers if you have more specific questions. Looking forward to a productive growing season!